



**Message 1
Renew
Mark Taylor
November 4, 2018**

► **Outline**

*Yet those who wait for the LORD will gain new strength;
They will mount up with wings like eagles,
They will run and not get tired,
They will walk and not become weary.*

Isaiah 40:31 (NASB)

**The Lord is my shepherd...
(Psalm 23:1. C/R: John 10)**

As a shepherd, the Lord offers us:

1. _____.
(Psalm 23:2. C/R: Exodus 20:8-10; 33:14; Psalm 62:5-8;
Matthew 11:28)

2. _____.
(Psalm 23:3. C/R: Isaiah 30:19-21; Jeremiah 17:7-8)

3. _____ and _____.
(Psalm 23:4. C/R: 2 Corinthians 4:7-10; 1 John 4:18)

4. A _____.
(Psalm 23:5. C/R: Luke 15:22-24; Revelation 19:6-9)

5. His _____ to us.
(Psalm 23:6. C/R: Deuteronomy 7:9; Galatians 4:4-7)

Answers: 1. Rest 2. Strength 3. Protection, comfort 4. feast 5. forever commitment

Resource Information: Unless otherwise noted, outline and onscreen verses are from NLT version (New Living Translation) of *The Holy Bible*. C/R, if noted, refers to a 'cross reference' of Scripture verse(s). Today's outline and discussion guide are available to mobile device users through the Brookwood Church app available through your favorite app store.

PAUSE

- renew
- refocus
- remember
- refuel

Renew

Mark Taylor
November 4, 2018

► Discussion Guide

Use this guide with friends or on your own to pursue your relationship with Jesus. For additional Bible Study tools check out: biblegateway.com, bible.com, and blueletterbible.org. Find a Small Group at brookwoodchurch.org/smallgroups.

Conversation Starter

How do you normally deal with stress?

Personal Reflection/Group Discussion

Read [Psalm 23:1-6](#) slowly at least twice.

1. Which word or phrase is most significant to you?

Read [Psalm 23:1](#).

2. What does a shepherd typically provide?
3. What does God provide for you? Is there anything you still need in addition to what God has provided?

Read [Psalm 23:2-3](#).

4. How would sheep benefit from a green meadow or a peaceful stream? What do the meadow and stream represent to you?
5. In what area of your life do you need your strength renewed?
6. What step could you take to allow God to renew your strength?
7. What's your preferred way of receiving guidance from God? Describe a time when you felt or needed God's guidance.

Read [Psalm 23:4-5](#).

8. What causes you to feel anxious? What is causing you concern today? Take a moment to express your concerns to God.
9. What difference does it make that God is with you?

Read [Psalm 23:6](#).

10. What is desirable about the benefits listed in verse 6?
11. How can you experience these benefits?

Soul Training

Pause each day of the week to meditate on a different verse of [Psalm 23](#). Start Monday with verse 1, and so on. **Read** the verse in the morning, **repeat** it throughout the day, **restate** the verse in your own words, then **relax** and ask God to give you His perspective on the verse.

Memory Verse

Yet those who wait for the LORD will gain new strength; they will mount up with wings like eagles, they will run and not get tired, they will walk and not become weary.

[Isaiah 40:31 \(NASB\)](#)

Daily Reading

- Day 1: [Psalm 23:1-2](#); [62:5-8](#)
Day 2: [Psalm 23:3](#); [Isaiah 40:31](#)
Day 3: [Psalm 23:4](#); [2 Corinthians 4:7-10](#)
Day 4: [Psalm 23:5](#); [Revelation 19:6-9](#)
Day 5: [Psalm 23:6](#); [Galatians 4:4-7](#)

Prepare for Next Sunday

Next Sunday, November 11, we'll *PAUSE* to *REFOCUS* on the character of God. Prepare by reading [Psalm 46](#).



580 Brookwood Point Place • Simpsonville SC 29681
864.688.8200 • brookwoodchurch.org