

**Family Talk – Crisis**

**READ TOGETHER**

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**Ruth 1:6–20**

1. What stands out to you from these verses?
2. How is Naomi living her life? Is she living a life of hurt or trust? What about you?

**LIVE IT**

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We are living in a crazy time. Who thought schools would close in March, and the media would be talking about bees? The world is always going to be changing and something new is always around the corner. With all that's happening, it can be easy to feel stress. The more stressed we get, the easier it is to fall into a crisis. Naomi is having a crisis in her life. What about you and your family? How are you handling everything?

When stress comes into your life, you'll either run from it or to something else. What is your something else? (How much Netflix or Hulu can we really watch?) It all gets tiring after a while. The good news is God is in complete control! He has everything where He wants it. Where is God working for you right now? As a family, take turns and share one good thing God has done for you lately.

**LEAN ON GOD**

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Dear God,

Thank you for this day. You are entirely in control. Sometimes we can get a little negative like Naomi, but help us remember that You still have a plan for us. More importantly, You love us.

Amen.

