

Family Talk – Time

READ TOGETHER

Ecclesiastes 1:2–11

1. What caught your attention in these verses?
2. Do you believe that everything is meaningless?

LIVE IT

Our lives on earth are full of highs and lows. If we're honest, sometimes the struggles and frustrations of life can feel like a waste of time. We can put loads of effort into a task, only for it to fall short of everyone's expectations, or we can spend time investing in a relationship only for it to fall apart. What's the point?

God is the point of everything. Without Him, our lives are meaningless. During the high mountain top moments, we should thank Him, and even during the low valleys, we should rely on Him to get us through. The things of earth will all pass away, but God is forever. He's our hope. How are you sharing this hope with others around you?

LEAN ON GOD

Dear God,

Thank You for loving us so much. You give our lives meaning and purpose—to grow and love You and others. I pray that we don't fix our eyes on money, work, clothes or other earthly things. Although they're not bad, they aren't the source of our hope. You are! Help us remember the reason that we're here is to point people to You.

Amen

